

PERSONAL CARE SERVICES (PCS)

WHAT IS THE PERSONAL CARE SERVICES (PCS) BENEFIT?

Personal care services is a Medicaid benefit that provides assistance with activities of daily living (ADLs), instrumental activities of daily living (IADLs), and health-related functions to help clients with physical, cognitive, or behavioral functional limitations related to a disability, physical or mental illness, or chronic condition.

EXAMPLES OF ACTIVITIES OF DAILY LIVING (ADLs)

- Bathing
- Dressing
- Feeding
- Grooming
- Mobility
- Toileting/Toileting hygiene
- Transfers/Nonambulatory movements

EXAMPLES OF INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADLs)

- Housekeeping
- Laundry
- Meal preparation
- Money management

EXAMPLES OF HEALTH-RELATED FUNCTIONS

- Assistance with use of adaptive or assistive devices.
- Assistance with use of durable medical equipment (DME).

PCS DOES NOT INCLUDE:

- ADLs, IADLs, or health-related functions that a typically developing child of the same chronological age could not safely and independently perform without adult supervision.
- Services that provide direct intervention when the client has the physical, cognitive, and behavioral abilities to perform the ADL, IADL, or health-related function.
- Duplication of Medicaid services
- Nursing care
- Respite care or child care

WHO CAN RECEIVE THE PERSONAL CARE SERVICES BENEFIT?

The PCS benefit is available to Texas Medicaid clients who:

- Are birth through 20 years of age;
- Are enrolled with Texas Medicaid as THSteps clients; and
- Have physical, cognitive, or behavioral limitations related to a disability, or chronic health condition that inhibits the client's ability to accomplish ADLs, IADLs, or health-related functions.



REFERRAL OF CLIENTS FOR THE PCS BENEFIT (TMHP PCS CLIENT LINE)

- Contact the toll-free PCS Client Line at 1-888-276-0702.
- Client Line is available 7:00 a.m. to 7:00 p.m.
- TMHP will refer clients to DSHS.

DEPARTMENT OF STATE HEALTH SERVICES (DSHS) AND THE PCS ASSESSMENT

- After a referral for PCS is received, DSHS regional case managers will conduct PCS Functional Assessments in the client's home with the client and parent/guardian present to determine eligibility.
- DSHS case managers will screen clients for other Medicaid services and benefits and refer clients for these services and benefits as the comprehensive case management assessment indicates.

HELPFUL WEBSITES

- HHSC website at www.hhsc.state.tx.us
- DSHS website at www.dshs.state.tx.us
- TMHP website at www.tmhp.com