



## Find 10 Hidden Giraffes



**HAND to HOLD**  
Fragile Babies. Strong Support.

You are not alone. Whether your baby was born preterm or has special health care needs, Hand to Hold is here to help. We are NICU parents just like you and we know that having a baby in the NICU affects the entire family. So Hand to Hold has comprehensive programs and services to support both you and those you love. If you are in need of support, are looking for resources, or just want to talk to somebody who will listen please visit [www.handtohold.org](http://www.handtohold.org) and [www.handtohold.org/kids](http://www.handtohold.org/kids) or call 855-424-6428.