



Sibling Support

Recommended Books for Children

Books are excellent ways to bond with your preemie and help siblings and family members understand the new events surrounding their lives. Reading aloud to them is an easy way to start conversations and navigate the intense emotions everyone may feel.

Preemie Love

- *Watching Bradley Grow: A Story About Premature Birth* by Elizabeth Murphy-Melas (ages 4-8)
- *Evan Early* by Rebecca Hogue Wojahn (ages 4-8)
- *Prince Preemie: A Tale of a Tiny Puppy Who Arrives Early* by Jewel Kats (ages 4-8)
- *The Very Tiny Baby* by Sylvie Kantorovitz (ages 2-8)
- *That's When I'm Happy* by Beth Shoshan (ages 2-6)
- *A Pocket Full of Kisses* by Audrey Penn (ages 3-8)
- *My Baby Sister is a Preemie* by Diana Amadeo (ages 4-8)
- *Katie's Premature Brother* by Elizabeth Hawkins-Walsh (ages 9-12)
- *No Bigger Than My Teddy Bear* by Valerie Pankow (ages 3-7)
- *My Brother is a Preemie / My Sister is a Preemie: A Children's Guide to the NICU Experience* by Abraham R. Chuzzlewit (ages 3-9)

Maternal Bedrest

- *Mommy Has to Stay in Bed* by Annette Rivlin-Gutman (ages 4-8)
- *And Mommy's on Her Side* by Heidi Travis (ages 4-8)
- *Bedrest Mommy* by Jennifer Christensen (ages 3-8)

Multiple Births

- *God Gave Us Two* by Lisa Taw Bergen (ages 4-8)
- *Twinnies* by Eve Bunting (ages 6-9)
- *Crispin and the 3 Little Piglets* by Ted Dewan (ages 4-8)
- *One Up, One Down* by Carol Snyder (ages 4-8)
- *My Twins are Coming Home* by Paris Morris (ages 2-5)
- *I'm Having Twins* by Paris Morris (ages 8-12)

Hospitalization of Baby

- When Molly Was in the Hospital: A Book for Brothers & Sisters of Hospitalized Children (ages 3-8)
- Our New Baby Needs Special Help by Gail Klayman (ages 4-8)
- My Brother Needs an Operation by Anna Marie Jaworski (ages 4-8)
- What About Me: When Brothers and Sisters Get Sick by Allan Peterkin (ages 4-8)
- Come Home Soon Baby Brother (coloring book) by Debi Iarussi (ages 1-6)

Special Needs & Specific Diagnoses

- In Jesse's Shoes by Paula Danziger (ages 4-8)
- Elena's Ears, Or How I Became the Best Big Sister in the World by Gloria Lowell (ages 4-8)
- Barry's Sister by Lois Metzger (ages 9-12)
- Living with a Brother or Sister with Special Needs by Donald Meyer (ages 3-8)
- Views from Our Shoes: Growing Up with a Brother or Sister with Special Needs by Donald Meyer (ages 8-13)
- The Sibling Slam Book: What It's Really Like to Have a Brother or Sister with Special Needs (ages 13-18)
- Rosey, the Imperfect Angel by Sandra Peckinpah (ages 9-12)
- Veronica's First Year by Jean Rheingrover (ages 4-8)
- We'll Paint the Octopus Red by Stephanie Stuve-Bodeen (ages 4-8)

Loss & Grief for Children

- The Angel with the Golden Glow by Elissa Chokhachy (ages 4-8)
- The Fall of Freddie the Leaf: A Story of Life for All Ages by Leo Buscaglia (ages 4-8)
- Molly's Rosebush by Janice Cohn (pregnancy loss, ages 5-8)
- Heaven's Brightest Star by Kara Glad (ages 4-8)
- Where's Jess? by Marvin Johnson (ages 4-8)
- Morgan's Baby Sister: A Read-Aloud Book for Families Who Have Experienced the Death of a Newborn by Patricia Johnson (ages 4-8)
- Remembering Our Baby: A Workbook for Children Whose Brother or Sister Dies Before Birth by Patti Keough (4-8)
- Stacy Had a Little Sister by Wendie Old (ages 4-7)
- Jackie Jack: The Brave Little Boy by Julie Orlet-Schoen (ages 4-8)
- We Were Gonna Have a Baby, But We Had an Angel Instead by Pat Schwiebert (ages 4-8)
- This Is a Book for All Kids, But Especially My Sister Libby. Libby Died. by Jack and Anette Simon (ages 9-12)
- Sam and Finn by Kate Polley (ages 2-8)
- Something Happened: A Book for Children and Parents Who Have Experienced Pregnancy Loss by Cathy Blanford (ages 4-8)