

When You Come Home Name Activity

Having a baby brother or sister in the NICU can be a time of great worry or fear for children. This name activity helps to convert those worries into reassurances by encouraging children to think ahead to what activities they may be able to do with their sibling at home.

Supplies

Supplies used for this activity can vary from very simple to more elaborate. Use the types of supplies that best suite the age and preference of your child(ren):

- Paper
- Markers
- Crayons
- Letter stickers
- Stencils
- Embellishments
- Magazine clippings
- Scissors
- Glitter
- Glue



Instructions

1. Write, draw or cutout the words "When you come home, we can.." across the top of your paper.
2. Down the lefthand side of the paper, spell out your baby brother's or sister's first name.
3. Using each letter of the name, think of an activity you want to do with your baby brother or sister at home.
4. Be creative. Use drawings or stickers to represent words. Add other decorations to make your craft as unique and individual as you can.
5. Ask a grown-up to tape your craft to your baby's bedside to remind everyone of your plans!

