

[Times listed in CST]

11:00am-11:30am

Welcome

Kelli Kelley, Founder & CEO, Hand to Hold
Robert Raines, Vice President of Marketing, Kimberly-Clark Corporation

11:30am-12:30pm

Keynote: Emotional Agility

Susan David, Ph.D., Harvard Psychologist; Wall Street Journal Best-Selling Author

1:30pm-2:30pm

Integrating Therapy Into Everyday Activities

Susan Khammar, OTR, Owner & Occupational Therapist, Cowtown Pediatrics

Communicating with NICU Families

Marni Panas, BHAdmn, CCIP, Consultant, Marni Panas Consulting

Salud Mental y Emocional de Mamas de NICU con PTSD

Susana Marquez, LMFT, Psy.D, Founder and Clinician, Wellness Para La Mama

3:30pm-4:30pm

What Advocacy Looks Like In and Out of the NICU

Deb Discenza, MS, Publisher/CEO, PreemieWorld, LLC
Katrina Moline, Chief Operations Officer and Chief Financial Officer, Hand to Hold
Marty Barnes, Founder, Casey's Circle
Shirley Smith, Founder/Owner, My Kota Bear, Inc.

Compassion Fatigue: Understanding the Cost of Caring

Pamela Spivey, MSN, CCNS, RNC-NIC, CCFP, Founder, Spivey Consulting

¿Hablar de inclusión o ser inclusivo?

Lola Hernandez, Founder, Lola Hernandez

6:00pm-7:00pm

Helping Siblings feel Included and Empowered

Katie Taylor, CCLS, CEO and Founder, Child Life On Call, LLC

Sobreviviendo el NICU: una perspectiva de las hermanas

Cynthia García Coll, PhD, Professor, University of Puerto Rico



■ Family - English
 ■ Professional
 ■ Family - Spanish

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11:15am-11:30am

Welcome / Day One Recap

Kelli Kelley, Founder & CEO, Hand to Hold

11:30am-1:00pm

YOUR LIFE AFTER TRAUMA:

How to move forward when you keep looking back

Michele Rosenthal, CPC, NLP, CHt, Trauma Recovery Specialist, My Trauma Coach

Difficult Conversations in the NICU:

Helping Families When They Need Us The Most

Anthony Orsini, DO, Attending Neonatologist and President, The Orsini Way

2:00pm-3:00pm

Meeting Milestones -The First 3 Years

Adiaha Spinks-Franklin, MD, MPH, FAAP, Attending Physician, Developmental-Behavioral Pediatrics at Texas Children's Hospital, Associate Professor of Pediatrics, Baylor College of Medicine, Founder and Director of R.A.C.E. C.A.R.D.

Feeding / Nutrition

Christina Valentine, MD, MS, RD, Professor / Neonatologist / Dietitian, Banner University Medical Center/The University of Arizona

Cumplir los hitos: los primeros 3 años

Silvia Pereira-Smith, MD, Assistant Professor of Developmental-Behavioral Pediatrics, Medical University of South Carolina

4:00pm-5:00pm

Life After Loss

Marty Barnes, BSN, RN, Founder, Casey's Circle
 Keira Sorrells, Founder & Executive Director, NICU Parent Network
 Gracie Matthews, Co Founder, Ship Party Return
 Shante Nixon, Founder, Connect2NICU

Psychological Issues Affecting Parents of Premature Infants

Richard Shaw, MD, Professor of Psychiatry and Pediatrics, Stanford University

Buscando apoyo y esperanza: Como Lidar con el Luto

Tania Paredes, Ph.D, LCSW, Bereavement coordinator and counselor, Nicklaus Children's Hospital

6:00pm-7:00pm

How to Practice Self-Care (when you feel like you're drowning)

KC Davis, LPC, Founder, Struggle Care, LLC

Self-Care is Not Selfish - Practical Options for NICU Nurses

Kathi Randall, MSN, CNS, NNP-BC, President/CEO, Nurse Kathi Enterprises

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Stories Matter:

Embracing our shared stories to connect and heal

Mary Coughlin, MS, NNP, RNC-E, President, Caring Essentials Collaborative LLC

April Castaldi, BSN, RN, RNC-NIC, Assistant Nurse Manager, Oregon Health & Science University

METAMORFOSIS:

La Transformación de los Padres hacia el Bienestar

Dulce Lopez, Psy.D., Facilitator, METAMORFOSIS: Thru Love

2:00pm-3:00pm

Parental Mental Health: Factoring in Fathers in the NICU

Daniel Singley, PhD, Director, The Center for Men's Excellence

Alex Zavala, Owner/Founder, The NICU Dad

Andrew Shaw, Creator, Instafather

NICU Discharge Preparation and Transition Planning

Vincent C. Smith, MD, MPH, Neonatologist, National Perinatal Association

Alimentación / Nutrición

Sergio Golombek, MD, MPH, FAAP, Professor of Pediatrics/ Attending Neonatologist, SOIBEN (The Iberoamerican Society of Neonatology)

4:00pm-5:00pm

Setting the Tone for Our Challenges

Mindy Henderson, Motivational Speaker, Writer, Editor-in-Chief of National MDA Publications

Health Disparities and Cultural Competence in the NICU

Anese Barnett, M.Ed, LMHP, Ph.D Student, Owner & Speaker, Anese B. Consulting, LLC

Gigi Khonyongwa-Fernandez, BSc, MSc, ACC, Certified Professional Coach, Families Blossoming LLC

Salud Mental Paterna: Haciendo visible lo invisible

Patricio Solari, Psychologist, Materna ONG para la Salud Mental Perinatal

Evan Ortiz

Cesar Romero